

Edík's News

Vinohrady

Libuš

Hloubětín



New educational programs of our kindergartens

“Imprint of the Year” is a year-round educational program in **Prague 4** that guides children through four thematic units according to the seasons and, through weekly themes, transforms them into colorful everyday activities. The central motif is an **ink dot** that guides children throughout the year and helps them capture their experiences, thoughts and discoveries in their own notebook “Imprints of the Year”. The program supports children’s curiosity, imagination, creativity, fine motor skills and a gradual understanding of time, changes in nature and the world around us. It also includes a year-round project “Talking Dot”, in which children capture and share their experiences together, and project days focused primarily on discovering the properties, changes and uses of various materials.

“Explorers on the Road” is a new educational program in **Prague 9**. Through experience, games, discovery and their own natural curiosity, they will embark on an adventurous journey around the world. Children will gradually turn into little explorers who will discover the secrets of individual continents, their nature, animals, culture and everyday life of people. During the year, we will go on themed expeditions to the Czech Republic, the polar regions, Africa, Asia or America, and we will discover other topics according to the children's interests and curiosity. Each class will continuously record their year-long research and create their own unique way to preserve their discoveries, experiences and knowledge. For example, a large research map, bulletin board, collage, etc. can be created. Gradually, children will add symbolic pictures, photographs, their own creations and other fragments from individual expeditions to it. Our journey will not only be about where we will go, but above all about what we will discover together along the way.

The main idea of the school year in Prague 2 is a year-long journey of discovering the world through experience, play, research and the children's own experiences. The children will be accompanied by **Edík and his animal friends – Squirrel Chipmunk, Bird Jarabáček, Bee Buzzard and Fish Ploutvička**, who will connect the individual themes of the year into a playful and understandable story. The program focuses on independence, creativity, critical thinking, cooperation and the individual strengths of each child. A significant part of the year will be research and experimental learning, working with nature, emotions, culture, art and everyday situations. The entire program will be complemented by the English project “EduArt Explorers – Discovering the world with all senses” with thematic project days.

Edík's September Adventures

Prague 2

Class meetings	1.9.
Safe steps - a walk with a program	7.9.
Little travelers - transportation program	18.9.
Welcoming autumn in Grébovka	24.9.

Every Wednesday - visit from the Reading Grandfather



Prague 4



Start of the new school year	1.9.
Class meetings from 5:00 PM	8.9.
Project day with a briefcase - "How Edík met Julča"	9.9.
Walk around the neighborhood - walking bingo	16.9.
Music therapy - Let it resonate	23.9.

Every Thursday - visit from the Reading Grandma

Prague 9

Blue class

Starting the new school year	1.9.
Class meetings from 5:00 PM	9.9.
Helpes - program with dogs	9.9.
Theatre "Smile" in kindergarten - "Animals in the yard"	14.9.
A year in kindergarten - "A day with the autumn fairy"	24.9.

Yellow class

Starting the new school year	1.9.
Class meetings from 5:00 PM	8.9.
Helpes - program with dogs	9.9.
Theatre "Smile" in kindergarten - "Animals in the yard"	14.9.
A year in kindergarten - "A day with the autumn fairy"	24.9.

Red Class

Starting the new school year	1.9.
Class meetings from 5:00 PM	8.9.
Helpes - program with dogs	9.9.
Theatre "Smile" in Kindergarten - "Animals in the Backyard"	14.9.
A Year in Kindergarten - "A Day with the Autumn Fairy"	24.9.

Orange and Green Class

Starting the new school year	1.9.
Class meetings from 5:00 PM	8.9.
Helpes - program with dogs	9.9.
Theatre "Smile" in Kindergarten - "Animals in the Backyard"	14.9.
A Year in Kindergarten - "A Day with the Autumn Fairy"	24.9.

Every Tuesday Swimming

Edík's Around-the-World Adventure

Edík's Open Garden vol. 3

Come and enjoy Edík's Open Garden on Saturday, September 12th from 1:00 PM to 6:00 PM at EduArt, Laponská 4, Prague 9 – Hloubětín! An afternoon full of fun, movement and inspiration awaits you – live animals, a theatrical fairy tale, a bubble show, a workshop Little Heroes with the basics of first aid, lectures Children and Technology and Epigenetics, a charity bazaar of children's clothes and books and great refreshments. Come and enjoy the afternoon together and at the same time support a good cause – the proceeds from the event will be donated to the Nedoklubko organization. We look forward to seeing you!



Preparatory week at EduArt

The aim of the preparation week is to align the team, set common priorities and prepare the environment and program so that the new school year starts well, calmly and with a clear direction. Teams at all branches prepared classes, portfolios, supplies and at the same time planned the entire new school year. We focused on our values, philosophy, adaptation, preschool preparation and preventive activities. We also shared ideas for activities with children, planning trips, programs and community events. Together we discussed the school curriculum, tandem cooperation and the standards of our work. We attended a meeting with a psychologist, work safety training and there was space for sharing, reflection and new ideas. And of course, we cleaned, sorted and coordinated every detail so that the children would come to an environment that would welcome them with joy. We are already looking forward to the new school year!



Class meetings

We will start the new school year together with traditional class meetings. We would be happy if you would make time for them - in addition to a personal meeting with teachers and other parents, you will learn everything important that awaits us in the new school year. We will introduce you to the organization of the school year, important dates, planned events and news that we have prepared for children. At the same time, we will introduce you to the main focus of teaching, the School Educational Program and the form of preschool preparation. There will also be practical information about hobby groups, Kindergarten in nature and other activities that children will be able to participate in during the year. Class meetings are a great opportunity to get to know each other, ask about everything that interests you, and set up open cooperation together. We look forward to meeting you!



ADAPTATION IN KINDERGARTEN: PARENTS ASK, WE ANSWER

Starting kindergarten is a big change. For the child, but often for the parents too. Some children run into the classroom on the first day and barely wave. Others need a few weeks to gain confidence. Both are fine. Adaptation is not a race and looks a little different for each child.

My child cries when saying goodbye. Does this mean they are not ready for kindergarten yet?

No. Crying is a natural way for a child to express their emotions when they are separated and going through a big change. More important than the crying itself is what happens during the first month – whether the child accepts the teacher's support, gradually calms down, joins in the game and builds a relationship with another safe adult at kindergarten.

Should I stay in the classroom as long as possible when handing over?

In the beginning, a short visit together can help. But then most children benefit from a clear, short and predictable goodbye. Long hesitation often tells the child: "Maybe there really is reason to be worried."

At EduArt, we therefore set the first days gradually and always according to the specific child. We start with a shorter stay and gradually extend the time in kindergarten.



What if a child says they don't want to go to kindergarten?

It's good to accept their feelings, but at the same time reassure them. "I can see that you don't want to go today and that saying goodbye is hard for you. The teacher is waiting for you and I'll come back in the afternoon." We don't have to convince a child that kindergarten is wonderful when they're sad. They need to feel: I understand you. I believe in you. We'll get through this.

How long does adaptation take?

For some children, it takes a few days, for others a few weeks. For some children, the process can be even longer. That's why we monitor the child, communicate with the parents, and adjust the pace based on their reactions.

"I understand you."

"I believe you."

"We'll get through this!"

ADAPTATION IN KINDERGARTEN: PARENTS ASK, WE ANSWER

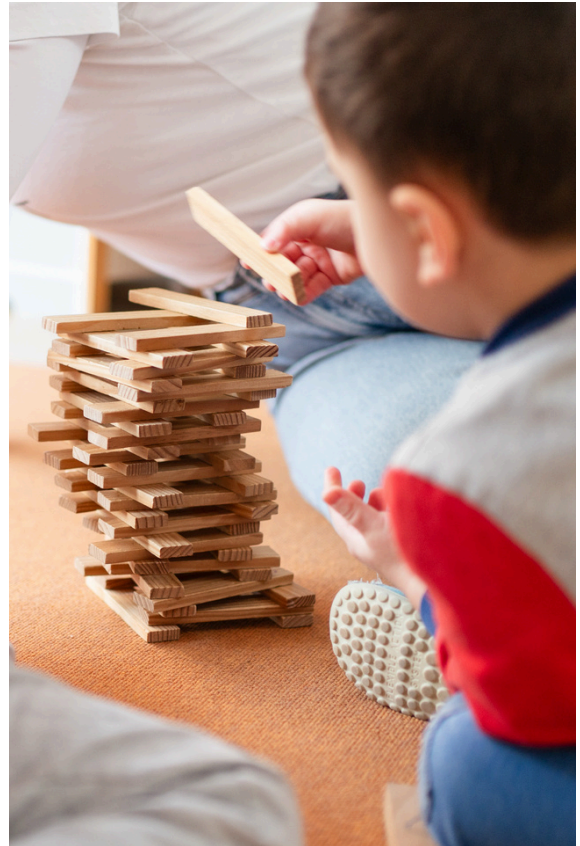
Can a child get worse after a few good days?

Yes. Adaptation is not always a straight line. A child may cope with everything perfectly for the first few days and the reaction will come later, when he understands that kindergarten is not a one-time trip. He may be more tired, more sensitive, have difficulty sleeping or be more demanding of his parents. These reactions are also a natural part of adapting to a new situation.

What is most important during adaptation?

For us, three things: trust – predictability – cooperation.

The child needs to know that the parent will leave and return. He needs to gradually gain trust in the teacher. And he needs to feel that the parent and the kindergarten are one team. That is why we inform the parents during the adaptation, monitor even small progress and if something is not working, we look for another way **together**.



Should a child's favorite toy help?

Of course, yes. A stuffed animal, small object, or other familiar thing can be a bridge between home and the new environment in the first few days.

And what if I, as a parent, am worried?

That is also normal. The whole family is adapting, not just the child. Ask us. Tell us what you are afraid of. It is just better to address these concerns between adults, not in front of the child. Above all, the child needs to feel from your attitude that you trust him and the people to whom you hand him over in the morning.

Our goal is not for the child to never cry. Our goal is for him to gradually discover: **I am safe at kindergarten, someone understands me, I can handle it – and the parent will always come back.**