Monthly newsletter of EduArt Kindergartens - November 2025

Edík's News

Vinohrady	Libuš	Hloubětín





New school evaluation: a sensitive and meaningful view at your child

The first consultation for parents this year is approaching - and with it a completely new school evaluation, which we have redesigned from the ground up. The aim was to make the new evaluation forms more meaningful for teachers, parents and especially children and to create a continuous picture throughout the year. They are more specific, clearer and they capture much better the progress, interests and the way in which the child thrives in kindergarten, how the child is doing and what they enjoy.

The evaluations also reflect the overall context of life in kindergarten - for example, how the children feel in kindergarten or how they are developing their social or communication skills. Everything is captured with respect for the child's individuality and with an emphasis on his/hers natural pace.

Each evaluation contains goals for the next period. It may sound impersonal, but in reality, it's a sensitive and very personal recommendation on how to continue to support the child in what he/she enjoys and how to use his/hers strengths. Teachers openly share these intentions with parents and invite them to work together in supporting these goals - so that the child can develop in accordance with what is natural to him/her and what pleases him/her.

We are now paying special attention to preschoolers — mapping their emerging literacy and numeracy skills — but without grading or pressure on performance. Evaluations are therefore not an assessment, but a tool for cooperation between the kindergarten and the family. They help create conditions for the joyful, natural and meaningful development of the child.

Edík's November Adventures

Prague 2

Drumming against violence - Project day	Nov 19
Library - Green class P2	Nov 20
Project day - Emotions with Frida Kahlo	Nov 24
Visiting elementary school with preschoolers	Nov 25
Halo therapy playroom	Nov 26
Fairytale night	Nov 28

Every Friday morning - Sports in Sokol



Prague 4



Planetarium	Nov 4
Feeding animals in Kamýcký Forest	Nov 12
Fairytale Night	Nov 14
Drumming against violence - Project day	Nov 19
Visit to the cemetery in Kunratice	Nov 26

Every Tuesday morning - Swimming

Prague 9

Blue class

Fairytale night	Nov 7
St. Martin - Project day	Nov 11
Drumming against violence - Project day	Nov 19
Canistherapy	Nov 21
International Greetings Day - Project day	Nov 21
Favorite fruit project day	Nov 24

Yellow class

Fairytale night	Nov 7
St. Martin - Project day	Nov 11
Visiting the U Elektry Elementary School	Nov 13
Drumming against violence - Project day	Nov 19
Canistherapy	Nov 20
International Greetings Day - Project day	Nov 21
Favorite fruit project day	Nov 24

Red class

Fairytale night	Nov 7
Saint Martin - Project day	Nov 11
Visit to Elementary School U Elektra	Nov 13
Drumming against violence - Project day	Nov 19
Canistherapy	Nov 20
International Day of Greetings - Project day	Nov 21
Library	Nov 21
Favorite fruit project day	Nov 24

Orange and Green class

Fairytale night	Nov 7
Saint Martin - Project day	Nov 11
Drumming against violence - Project day	Nov 19
A trip to a salt cave	Nov 19
Canistherapy	Nov 21
International Day of Greetings - Project day	Nov 21
Favorite fruit project day	Nov 24

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Edík's Around-the-World Adventure

A visit to a pumpkin farm

Children from Prague 4 visited the Bykoš pumpkin farm, where a colorful autumn program awaited them. They explored the fields full of various pumpkins, learned how pumpkins grow and what they can be used for, and each chose a little pumpkin to take home as a souvenir. We enjoyed a beautiful October day outdoors among the fields and animals, and even got to taste homemade pumpkin soup. The trip brought the children many new experiences, joy, and inspiration for creativity back in kindergarten. Later, we carved the pumpkins together with our parents, creating decorations that filled our kindergarten with a magical Halloween atmosphere.



September shadowing in Barcelona

At the end of September, Teacher Kateřina from our Hloubětín kindergarten took part in a week of shadowing at Petita Escola kindergarten in Barcelona. She had the unique opportunity to gain experience caring for children from six months old and to explore the Spanish education system. Comparing it with the Czech approach, she brought back many inspiring ideas. The experience was a personal challenge, including communicating in a foreign language, which she successfully mastered.

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A trip to a salt cave

On Tuesday, November 19, children from Green and Orange classes at the Prague 9 branch will embark on their first trip of the school year! They will visit the salt cave for a fun and healthy morning. The cave's mineral-rich air supports immunity, benefits the respiratory system, and helps prevent colds. Designed with children in mind, it offers toys and space for free play. The children are sure to enjoy a morning full of fun, discovery, and a pleasant atmosphere.



Artephiletics in kindergarten

This school year, children have the opportunity to take part in artephiletics classes led by our school psychologist, Nela Novotná. But what exactly is artephiletics, and how it can enrich preschool-aged children?
Artephiletics is very close to children's natural ways of learning. It is based on creation, play, hands-on experience, and reflecting on what has been made. The goal is not to produce a "perfect picture," but to allow children to create freely, explore new ideas, and express feelings they may not yet have words for.
Rooted in expressive therapies—such as art, drama, and music therapy—artephiletics is especially similar to art therapy, though not identical. Its name reflects its purpose: "arte" stands for art and creativity, while "philetics" relates to the education and connection of emotions, relationships, and thinking.



Artistic activity allows children to express feelings they may not yet be able to put into words, and reflection helps them understand these emotions better. The act of creating itself has a calming effect, relieves tension, and promotes self-awareness. Sharing their work in a group teaches children to communicate, respect different points of view, and cooperate. Acceptance of their creations strengthens self-confidence and the courage to be themselves.
Why is artephiletics so beneficial for preschool children? It develops creativity, imagination, and the confidence to follow their own path. It teaches that differences are natural and valuable, and helps children express joy, fears, and wishes that might otherwise remain hidden. Artephiletics emphasizes cooperation and mutual respect.
Additionally, it has a preventive effect: it helps children manage emotions, builds self-confidence, and creates a trusting environment where they learn to establish healthy relationships. Artephiletics is also valuable for teachers, who gain deeper insights into children's needs through reflection, enabling them to better support each child's personal development.



While art therapy is part of treatment and psychotherapy, working with individuals facing psychological challenges under the guidance of a specialist, artephiletics is applied in education. Its goal is to support personal development, communication, and self-expression, making it especially well suited for kindergarten.
Unlike classical art education, artephiletics does not focus on the finished work but on the experience of creation itself and the reflection that follows. After the creative activity, children have space to share what they felt while creating, what came to mind, or what their work means to them. These conversations help children become aware of their own emotions and learn to perceive the feelings of others.
The creative process itself is inherently developmental. Artephiletics allows children to express themselves spontaneously and without fear of evaluation, strengthening their imagination, intuition, and joy of creation.

